

2007 Oklahoma Sooners Outdoor Track & Field Performance List [Updated: June 24, 2007]

Men

100-Meter Dash (Regional Qualifying Standard: 10.50)			
10.28 ^W -Q	Marcus Pugh, Jr.	Fayetteville, Ark.	April 21
10.39-Q	Jacobi Mitchell, Jr.	Lincoln, Neb.	May 12
10.56 ^W	Ronnie Pines, Sr.	Fayetteville, Ark.	April 21
10.56 ^W	Orlando Slider, So.	Tulsa, Okla.	March 24
^11.05 (850)	Matt O'Connor, Jr.	Lincoln, Neb.	May 11
^11.28 (799)	Mitch Henry, Jr.	Austin, Texas	April 4
200-Meter Dash (21.19)			
20.66-Q	Jacobi Mitchell, Jr.	Lincoln, Neb.	May 12
20.66-Q	Marcus Pugh, Jr.	Lincoln, Neb.	May 13
21.88 ^W	Sheldon Leith, Jr.	Tulsa, Okla.	March 24
21.90 ^W	Chris Gilchrist, So.	Tulsa, Okla.	March 24
21.96 ^W	Orlando Slider, So.	Tulsa, Okla.	March 24
400-Meter Dash (47.20)			
46.24-Q	Frankie Wright, Sr.	Des Moines, Iowa	May 25
47.30	Zach Dawson, Fr.	Lincoln, Neb.	May 12
48.83	Chris Gilchrist, So.	Norman, Okla.	April 28
49.10	Brayon Brown, Jr.	Tulsa, Okla.	March 24
49.11	Logan Jones, Sr.	Tulsa, Okla.	March 24
^49.87 (821)	Matt O'Connor, Jr.	Lincoln, Neb.	May 11
^50.66	Mitch Henry, Jr.	Austin, Texas	April 4
51.31	Claude Senior, Jr.	Norman, Okla.	April 14
800-Meter Run (1:50.40)			
1:50.85	Brayon Brown, Jr.	Fayetteville, Ark.	April 21
1:51.72	Logan Jones, Sr.	Fayetteville, Ark.	April 21
1,500-Meter Run (3:47.80)			
^4:41.20 (673)	Mitch Henry, Jr.	Austin, Texas	April 6
^4:50.53 (615)	Matt O'Connor, Jr.	Austin, Texas	April 6
10,000-Meter Run (Auto: 28:45.00; Prov: 29:30.00)			
31:31.40	Jon Grey, Fr.	Indianapolis, Ind.	June 22
110-Meter High Hurdles (14.30)			
13.73 ^W -Q	Sheldon Leith, Jr.	Fayetteville, Ark.	April 21
13.77-Q	Dermillo Wise, Sr.	Des Moines, Iowa	May 26
^15.16 (830)	Matt O'Connor, Jr.	Norman, Okla.	April 29
^15.63 (775)	Mitch Henry, Jr.	Austin, Texas	April 5
400-Meter Intermediate Hurdles (52.51)			
51.21-Q	Leonarde Smith, Sr.	Des Moines, Iowa	May 26
52.43-Q	Claude Senior, Jr.	Fayetteville, Ark.	May 4
54.00	Dermillo Wise, Sr.	Austin, Texas	April 5
4x100-Meter Relay (40.66)			
39.43-Q	Pines, Pugh, Wright, Mitchell	Sacramento, Calif.	June 8
39.59-Q	Pines, Pugh, Wright, Mitchell	Des Moines, Iowa	May 26
39.90-Q	Pines, Pugh, Leith, Mitchell	Des Moines, Iowa	May 25
40.19-Q	Leith, Pugh, Wright, Mitchell	Lincoln, Neb.	May 13
41.13	Gilchrist, Pugh, Slider, Mitchell	Norman, Okla.	April 14
4x400-Meter Relay (3:10.00)			
3:06.54-Q	Dawson, Smith, Mitchell, Wright	Des Moines, Iowa	May 26
3:06.89-Q	Dawson, Mitchell, Smith, Wright	Sacramento, Calif.	June 7
3:09.00-Q	Dawson, Pugh, Smith, Wright	Lincoln, Neb.	May 13
3:09.78-Q	Dawson, Brown, Smith, Jones	Fayetteville, Ark.	April 21
3:12.15	at Texas Relays	Austin, Texas	April 6
3:12.92	Brown, Wright, Pugh, Dawson	Norman, Okla.	April 14
3:14.52	Dawson, Gilchrist, Mitchell, Pugh	Tulsa, Okla.	March 24
1600-Meter Sprint Medley Relay			
3:23.44	at Texas Relays	Austin, Texas	April 6
High Jump (6-10.75 [2.10])			
6-11.75 (2.13)-Q	Kevin Snyder, Fr.	Fayetteville, Ark.	April 21
^6-3.50 (1.92) (731)	Mitch Henry, Jr.	Lincoln, Neb.	May 11
^6-2.25 (1.89) (705)	Matt O'Connor, Jr.	Lincoln, Neb.	May 11
Pole Vault (16-7.00 [5.05])			
17-10.50 (5.45)-Q	Scott Martin, Sr.	Lincoln, Neb.	May 13
17-10.50 (5.45)-Q	Chip Heuser, Jr.	Sacramento, Calif.	June 8
^15-5.00 (4.70) (819)	Mitch Henry, Jr.	Sacramento, Calif.	June 7
^14-11 (455) (775)	Matt O'Connor, Jr.	Lincoln, Neb.	May 12
Long Jump (24-1.00 [7.34])			
25-7.25 (7.80) ^W -Q	Dermillo Wise, Sr.	Lincoln, Neb.	May 12
25-2.50 (7.68) ^W -Q	Frankie Wright, Sr.	Des Moines, Iowa	May 25
23-11.50 (7.30)	Shardae Boutte, Jr.	Austin, Texas	April 6
^23-8.00 (7.21) (864)	Mitch Henry, Jr.	Sacramento, Calif.	June 6
^22-4.50 (6.82) (771)	Matt O'Connor, Jr.	Norman, Okla.	April 28
Triple Jump (49-2.75 [15.00])			
53-3.75 (16.25) ^W -Q	Shardae Boutte, Jr.	Lincoln, Neb.	May 13
52-8.00 (16.05) ^W -Q	Tydeee Lewis, Jr.	Lincoln, Neb.	May 13
50-3.25 (15.32)-Q	Frankie Green, So.	Norman, Okla.	April 28
Shot Put (55-1.50 [16.80])			
64-2.50 (19.57)-Q	Kevin Bookout, Sr.	Fayetteville, Ark.	April 21
47-8.00 (14.53)	Josh Bookout, So.	Norman, Okla.	April 28
^40-6.75 (12.36) (628)	Mitch Henry, Jr.	Lincoln, Neb.	May 11
^40-4.25 (12.30) (625)	Matt O'Connor, Jr.	Austin, Texas	April 4
Discus (169-7 [51.70])			
186-10 (56.95)-Q	Kevin Bookout, Sr.	Austin, Texas	April 6
148-5 (45.25)	Mitch Henry, Jr.	Tulsa, Okla.	March 24
147-6 (44.95)	Josh Bookout, So.	Norman, Okla.	April 28
113-9 (34.67)	Matt O'Connor, Jr.	Tulsa, Okla.	March 24
Javelin (202-1 [61.60])			
202-7 (61.76)-Q	Cale Drumright, Sr.	Fayetteville, Ark.	April 21
191-9 (58.48)	Mitch Henry, Jr.	Lincoln, Neb.	May 13
177-7 (54.13)	Chase Bridgforth, Jr.	Tulsa, Okla.	March 24
165-11 (50.57)	Matt O'Connor, Jr.	Tulsa, Okla.	March 24

Women

100-Meter Dash (Regional Qualifying Standard: 11.75)			
11.31 ^W -Q	Yolanda Goff, Sr.	Sacramento, Calif.	June 6
11.51-Q	Larica Urbina, Sr.	Lincoln, Neb.	May 12
11.69 ^W -Q	Leslie Cole, So.	Fayetteville, Ark.	April 21
11.95	Scottesha Miller, Fr.	Norman, Okla.	April 14
200-Meter Dash (23.96)			
23.36-Q	Yolanda Goff, Sr.	Fayetteville, Ark.	April 21
23.51-Q	Leslie Cole, So.	Fayetteville, Ark.	April 21
23.98	Scottesha Miller, Fr.	Lincoln, Neb.	May 12
23.99	Jhavonne Pope, So.	Fayetteville, Ark.	May 4
24.10	Tijahnni Newton, Jr.	Fayetteville, Ark.	April 21
24.41	Larica Urbina, Sr.	Norman, Okla.	April 14
^25.07 (879)	Anna Monsen, Jr.	Lincoln, Neb.	May 11
400-Meter Dash (54.61)			
54.30-Q	Tijahnni Newton, Jr.	Lincoln, Neb.	May 12
55.35	Yolanda Goff, Sr.	Tulsa, Okla.	March 24
55.41	Jhavonne Pope, So.	Lincoln, Neb.	May 12
55.70	Leslie Cole, So.	Norman, Okla.	April 14
55.72	Jasmine Still, Fr.	Norman, Okla.	April 14
800-Meter Run (2:09.80)			
2:07.91-Q	Jessica Eldridge, Jr.	Fayetteville, Ark.	May 4
^2:30.23 (690)	Anna Monsen, Jr.	Lincoln, Neb.	May 12
1,500-Meter Run (4:27.80)			
4:17.08-Q	Jessica Eldridge, Jr.	Sacramento, Calif.	June 9
4:25.35-Q	Kristi Cook, Sr.	Durham, N.C.	April 6
4:30.91	Catherine Odell, Jr.	Durham, N.C.	April 6
5,000-Meter Run (16:52.00)			
17:15.23	Aja Clark, Sr.	Norman, Okla.	April 13
10,000-Meter Run (Auto: 33:30.00; Prov: 35:00.00)			
39:02.96	Aja Clark, Sr.	Lincoln, Neb.	May 11
100-Meter High Hurdles (13.92)			
14.76 ^f	Shquanda Meylor, Fr.	Tulsa, Okla.	March 24
^15.65 (758)	Anna Monsen, Jr.	Lincoln, Neb.	May 11
400-Meter Intermediate Hurdles (1:00.82)			
1:02.48	Shquanda Meylor, Fr.	Fayetteville, Ark.	May 4
4x100-Meter Relay (45.70)			
43.90-Q	Cole, Goff, Miller, Urbina	Des Moines, Iowa	May 26
4x400-Meter Relay (3:42.00)			
3:34.80-Q	Cole, Pope, Goff, Newton	Lincoln, Neb.	May 13
3:39.90-Q	Pope, Meylor, Still, Newton	Norman, Okla.	April 14
High Jump (5-9.00 [1.75])			
5-10.00 (1.78)-Q	Katherine Johnson, So.	Tulsa, Okla.	March 24
5-3.00 (1.60)	Ashley Hagensick, Fr.	Tulsa, Okla.	March 24
^4-10.25 (1.48) (599)	Anna Monsen, Jr.	Lincoln, Neb.	May 11
Pole Vault (12-5.25 [3.80])			
12-6.00 (3.81)-Q	Jessica Brown, Fr.-RS	Des Moines, Iowa	May 26
11-5.75 (3.50)	Sarah Pappas, Fr.	Tulsa, Okla.	March 24
Long Jump (19-8.25 [6.00])			
20-10.50 (6.36) ^W -Q	Scottesha Miller, Fr.	Lincoln, Neb.	May 12
20-10.00 (6.35)-Q	Toni Smith, Jr.	Norman, Okla.	April 28
20-9.00 (6.32)-Q	Portia Nash, Sr.	Lincoln, Neb.	May 12
^13-3.00 (5.56) (717)	Anna Monsen, Jr.	Lincoln, Neb.	May 12
Triple Jump (40-5.25 [12.32])			
44-5.25 (13.54) ^W -Q	Toni Smith, Jr.	Norman, Okla.	April 28
42-7.50 (12.99)-Q	Portia Nash, Sr.	Norman, Okla.	April 28
Shot Put (46-11.25 [14.30])			
45-3.75 (13.81)	Carolyn Winchester, Fr.-RS	Norman, Okla.	April 28
41-2.25 (12.55)	Carissa Angel, Fr.	Norman, Okla.	April 14
^37-11.50 (11.57) (633)	Anna Monsen, Jr.	Norman, Okla.	April 28
Discus (155-2 [47.30])			
135-6 (41.30)	Laresa Miller, Fr.	Norman, Okla.	April 28
132-4 (40.33)	Taylor Scott, So.	Fayetteville, Ark.	May 4
132-1 (40.26)	Carolyn Winchester, Fr.-RS	Norman, Okla.	April 28
Hammer (177-8 [54.15])			
128-0 (39.02)	Taylor Scott, So.	Norman, Okla.	April 28
114-4 (34.86)	Laresa Miller, Fr.	Norman, Okla.	April 28
Javelin (142-7 [43.45])			
^105-2 (32.05) (515)	Anna Monsen, Jr.	Lincoln, Neb.	May 12
Heptathlon (NCAA Auto: 5,500; Prov: 5,050)			
4,768	Anna Monsen, Jr.	Lincoln, Neb.	May 11-12

Key to Codes

(-Q) - NCAA Regional Qualifying Mark
(W) - Wind-Aided Legal Mark (2.1-4.0 meters per second)
(Z) - Wind-Aided Mark (+4.0 meters per second)

(A) - Adjusted for Altitude
(^) - Mark Posted in Combined Event